Investing in our staff to better serve our residents

Altenheim has long encouraged staff to pursue additional training or education, especially in the healthcare field. Deanna Green, LPN, WCC, recently took up the challenge when Altenheim sought to develop a wound care nurse.

Deanna, who always wanted to be in healthcare, started out her career as a State Tested Nursing Assistant. She went on to study nursing at Tri-C and became a Licensed Practical Nurse. At first, she worked on an “as needed” basis and had the opportunity to work in every Altenheim unit. She loved it!! She became especially interested in wound care. Deanna enjoyed making rounds with Drs. Classen and Baracz, both wound doctors from whom she learned a lot. With Altenheim's urging and financial assistance, she decided to become certified in wound care. She attended a week-long class at Akron Children’s Hospital offered by the Wound Care Educational Institute. Thereafter, she took a day-long test.

Congratulations to Deanna for passing the test and being certified by the National Alliance of Wound Care and Ostomy!

Paul Psota, CEO, stated “Altenheim is proud of Deanna's achievement and pleased to have supported her. This is yet another example of our commitment to quality care.”

Certified wound care specialist Deanna Green (at right) speaks with resident Betty Kyger about her treatment and progress.

Save the Date! MAY 17, 2018

Please join us for our anniversary and ribbon-cutting ceremony!

INDIVIDUAL TICKET $125
Evening includes gourmet, plated dinner by Taste of Excellence, entertainment and premium spirits

Reserve your tickets now!
440-878-5265 or www.altenheim.com/flourish event

Thank you to our early sponsors:

Premier ________ Benefactor ________
ANONYMOUS

AUGERE
Grand ________ ANONYMOUS

JL SMITH GROUP & PROSPERITY CAPITAL ADVISORS
WARWICK COMMUNICATIONS

Flourish WINTER 2017

Altenheim
A Not-For-Profit Life Plan Community

Home Health Care
Community Health Accreditation Partner 2017–2020

Best Nursing Homes
Skilled Nursing and Rehab
One of Ohio’s Best Nursing Homes
U.S. News & World Report® is a registered trademark of U.S. News & Report LP.

Highest Rating Centers for Medicare and Medicaid Services 2017–2018

Quality Improvement Organizations
HSAG
NCAL

American Health Care Association
National Center for Assisted Living
Message from CEO

Paul Psota

Altenheim Senior Living enjoyed preparing for the holidays this year!

Shurmer Place residents have been busy. The Reach Out Club made holiday greeting cards for the Guidestone Children’s Home and toiletry kits for the homeless of Cleveland. They had fun seeing *A Christmas Carol* at the Ohio Theatre, the Christmas display at the Allen Theatre, and *Glow* at the Botanical Garden. This year’s traditional Christmas Pageant included a dramatic reading of “‘Twas the Night before Christmas” followed by the Shurmer Choir performance.

Altenheim residents prepared for the holidays by baking cookies, playing Christmas trivia and enjoying holiday sing-alongs. Santa visited each resident. Volunteers from #StrongsvilleMoms presented greeting cards to the residents. The new year was rung in with a festive New Year’s Eve Party.

Many thanks to the Women’s Auxiliary for helping out with decorating for the holidays as well as with all the activities.

Construction of Shurmer Place Memory Assisted Living is almost complete. We are looking forward to our first residents in early 2018. The construction of Altenheim Therapy Rehab Center and the expansion and renovation of Unit 1 are well on their way.

This year, the Annual Appeal is especially significant. In celebrating our 125th Anniversary, we reflect on the past, how the desire of selfless women from the German community to provide a safe haven for the elderly shaped our mission and provided the foundation for today. We are excited about the future: our Life Plan Community expansion, being recognized as a five star organization; and the programs and services provided to enrich the residents’ lives. Please consider a gift to the Annual Appeal. You will help us provide quality of life for residents like Andrea and John, whose stories appear in the newsletter.

Best wishes to all for a joyous holiday season and prosperous New Year!

Paul

New director appointed

Shurmer Place resident Helga Frister and Beth Seese, Director of the new Memory Assisted Living facility set to open in 2018, reminisce about their favorite Christmas traditions.

Beth Seese, RN, CDP, has returned to Altenheim Senior Living to serve as the Shurmer Place Memory Assisted Living Director.

Beth has always had an interest in helping older adults. She began her career in healthcare as a nursing assistant, received her LPN license in 1989 and went on to earn her RN license in 2000. Beth originally joined the Altenheim family in 1997 as the nursing home Unit 1 Alzheimer Program Coordinator. That experience made Beth passionate about understanding the needs of the elderly and their families. She went on to become Altenheim’s Director of Nursing and held that position from 2000 to 2007.

Beth is excited to be back at Altenheim. “Altenheim always felt like home and family. After working in various long term care nursing roles throughout Northeast Ohio, I wanted to be part of that again. I’m thrilled to both see and be part of the growth of the Altenheim Senior Living community”.

As the Director of Shurmer Place Memory Assisted Living, Beth is looking forward to creating a family environment where consistent routines, a specialized environment and “purposeful” activities fill the residents’ daily lives. She has personal experience with the emotions, struggles and needs a family faces when a loved one has memory impairment.

Beth believes in educating families about the aging and disease process so they can be prepared and know what to expect as dementia progresses. She is also looking forward to working with staff. She states, “After all, staff is where the heart is. I’m excited to create and work with a team that is resident focused, compassionate and ‘all in for the residents.’” Beth explained, “Residents with dementia go through different stages. As the disease progresses, there is a window of time for each stage. It is our responsibility to fill those windows with the best quality of life for each stage of the disease. Every day is a gift. I want our residents and families to enjoy that gift.”

Correction to the 2016 Annual Report

The following donors were omitted from the Giving Society Membership. Our most sincere apologies for this omission.

Platinum ($1,000 and above) Silver ($300 to $499)
Mr. and Mrs. Richard Szymanski Mr. and Mrs. Richard Klenotic

Altenheim always felt like home and family... I wanted to be a part of that again.
The lives you touched

As our Annual Appeal gets underway, we would like to introduce you to Andrea and John—just two of the many people who have been greatly impacted by your generosity.

John came to Altenheim to rehab after surgery. After careful thought and research, he selected Altenheim short term rehab. John states, “I wanted the best. Altenheim had 5 stars and it was close to home.” John admits that he wasn’t happy about having to come to rehab, but once he got here his mind quickly changed. “The staff is wonderful. I was treated like a king. They went out of their way to make me comfortable. Everyone was friendly. If I needed something, I got it right away.” John has a special place in his heart for therapy, stating that they were all “exceptional.” Once John was well enough to return home, he used Altenheim’s Home Health Care for in-home physical therapy sessions. “Therapy sessions have been wonderful, the therapists exceptional. It is because of them that I am well on my way to recovery.” John is so happy with his experience at Altenheim that he plans to come back and visit with all the staff.

Andrea says, “Altenheim is a beautiful place.” Andrea grew up in Parma. When she needed help, her niece and sister helped her select Altenheim for long term care. “It’s like a big family here. There are activities every day, entertainment in the dining room, bingo, shopping trips. But I also have quiet time to enjoy my books. Just sitting in the lounge and enjoying the beautiful campus is a treat.”

Through your generous support you touch the lives of our residents. Your tax deductible gift can provide:

- $2,500 A Broda chair for the comfort of a resident who is wheelchair bound
- $1,500 A tilt-in-space wheelchair that provides position change for a resident who cannot do so independently
- $1,000 A defined purpose air mattress or pressure reduction cushions for a resident that has skin issues
- $500 Therapeutic adaptive devices for a resident needing help with daily living skills
- $300 Supplies for Opening Minds through Art Program
- $150 A professional entertainer
- $100 Sensory equipment for the soon to come multi-sensory room
- $60 “Care for a day” to fund the unreimbursed cost of a Medicaid supported resident
- $25 A gift card to purchase songs for the Music & Memory Library

With your support, this can happen!

Construction update

Therapy Rehab Center

Memory Assisted Living

SHURMER PLACE

Memory Assisted Living

OPENING IN EARLY 2018

Open our early waiting list! Contact Resident Director Beth Seese at 440-334-0277 or Kim Schulz for leasing information at 440-238-9001.

ONLY 13 SUITES LEFT!
18627 Shurmer Road • Strongsville, Ohio 44136
www.altenheim.com
RETURN SERVICE REQUESTED

OUR MISSION: To achieve the optimal level of mental, physical, and spiritual well-being of individuals, families and the community through the provision of high quality residential living, skilled nursing care and specialized services offered in a family-like atmosphere.

Thank You!

Did you know...

- Almost two-thirds of Altenheim's skilled nursing residents are supported by Medicaid only?
- The unreimbursed cost of care is $60 a day for each Medicaid resident?
- The Strongsville campus covers 16.5 acres?
- That Altenheim opened its doors on September 19, 1892, and immediately provided a safe haven for eight aging women?
- The stone dog in the garden at entrance of Altenheim Skilled Nursing is hand carved? It has been guarding Altenheim since 1892.

Altenheim complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 440-238-3361.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 440-238-3361
For more than 125 years, Altenheim has provided exceptional comfort and care to those in need in the community. The very same principles that guided us throughout the years are the source of our inspiration and goals today, as we expand our services and facilities to serve even more members of the community.

**Your support makes our 5-star care possible.**

Because of generous donors like you, Altenheim can continue its tradition of standing for family, providing quality care and living for residents.

**ALtenheim Giving Society for the Annual Appeal**

$1,000 Platinum  
$500 Gold  
$300 Silver  
$150 Bronze

Complete the form below and return with payment in the enclosed envelope.

**Yes! I want to support 5-star care for the residents!**

My gift to the Annual Appeal $ ______________.00

Name: ________________________________________
(as you wish to be listed on donor rolls)

Address: ______________________________________

City: __________________________________________

State:_________ Zip: ____________________________

Phone: _________________________________________

Email Address: __________________________________

Please indicate preferred method of payment:

☐ CHECK (payable to Altenheim Foundation)

☐ PLEDGE (billing begins in January, pay in full by September)

☐ STOCK (call 440-238-3361, ext. 171 for instructions)

☐ CREDIT CARD  
  ☐ Visa  ☐ MasterCard  ☐ Discover

Name on Card: __________________________________

Card Number: __________________________________

Expiration Date: ______________  CCV#:_________

Signature: _____________________________________

My gift is:

☐ in Memory of:  ☐ in Honor of:

(Individual’s Name)

Please send acknowledgment of my gift to:

Name: _________________________________________

Address: ______________________________________

City: __________________________________________

State:_________ Zip: ____________________________

☐ My employer will match my gift

☐ Matching gift form enclosed

Altenheim Foundation is a not-for-profit 501(c)(3) organization. Gifts are tax deductible to the extent allowed by law. Please consult your tax adviser if you have questions about the deductibility of your gift.

Thank You!

☐ I have remembered Altenheim Foundation through a bequest or other estate planned gift.

☐ I would like information about making a bequest or other estate planned gift to Altenheim Foundation.